



Reiki Level 1, Usui Method of Natural Healing

Date: Friday 25 June & Sunday 26 June

Time: Fri 6-9pm and Sat 10.00am - 6.00pm

Venue: Lotus Wellness Centre, Dexter St, Cook

Cost \$300

Payment due no later than: 12 June 2010

If you have ever been interested in receiving Reiki training or experiencing the spiritual connection in healing enrolment is available at Brindabella Natural Health Centre.

As a Reiki and Seichim Master, Tracy McCahon, believes that to become a true Reiki practitioner or Master of Reiki it must be received using the Reiki attunement process, giving the ability for another to heal a person or situation using heart, mind, body and spirit.

Tracy McCahon also is a practicing Massage Therapist and Body Worker who has traveled the depths of Peru and Ecuador with Shaman's being her guide. She has experienced first hand the deep healing of life force energy in sacred ceremonies with the indigenous people of South America. Reiki and Seichim bring harmony and balance to the mind, body and Spirit. Healers have found that being attuned has enhanced there natural healing energies.

In Reiki Level 1 you will learn the history of Reiki and Usui methods, healing principles and symbols, protection and life force energy, theory, hand positions and self healing.

Bookings: Brindabella Natural Health Centre: 6262 6464